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AL. KRYWOLT
COLEMAN, ALTA.

The Coleman Journal

Most Effective Advertising Medium reaching the People of Town and District. The Journal goes into the Homes.

VOLUME 84 - No. 48

The Journal - Coleman, Alberta Wed., September 4, 1968

single copy 10c

Leslie Owen

DRY GOODS

Ladies' and Men's

Wear

Across from Central School

Teachers Listed For C.N.P. Schools

TEACHING STAFF
1968-69 Term: - (Tentative)
Blairmore Elementary School:
Blairmore

Grade 1 Gilmar, Mrs. E. Blairmore; Grade 2 Oakes, Mrs. S. Blairmore; Grade 3 Bonne, Mrs. A. Blairmore, (V.P.), Cousins, Mrs. A. Blairmore; Grade 4 Bodio, Mrs. M. Blairmore, Radulski Mrs. L. Blairmore; Grade 4 Rafferty, Mrs. L. Coleman, Bulmer, Miss M. Blairmore; Grade 5 Dixon, Mrs. C. Blairmore, Kubic, Miss A. Blairmore; Temp. Brososky, Mrs. B. Blairmore.

Cameron Elementary School
Coleman

Grade 1 Oliva, Miss D. Coleman; Grade 2 Taron, Mrs. J. Coleman; Grade 3 Hurtak, Mrs. M. Coleman; Grade 4 Lonsbury, Mr. J. Coleman, (V.P.); Grade 5 Woods, Mrs. M. Coleman.

Isabelle Selton High School:
Blairmore

Jr. High: Bond, Mrs. F. Coleman; Kovach, Mrs. F. Blairmore; White, Mrs. M. Blairmore; Gregory, Mrs. B. Blairmore; Huck, Mrs. H. Blairmore; Adamec, Miss A. Bellevue; Kovach, Mrs. B. Bellevue; Muspratt, Mrs. H. Blairmore; Spatuk, Mrs. A. Blairmore; Gray, John, Blairmore; 2nd V.P. Quintilio, Dan Bellevue.

Sr. High: Kimoto, Miss N. Coleman; Hill, Harold, Coleman; Hill, Miss J. Bellevue; Richards, Sam, Bellevue; Halton, David, Hillcrest; Giza, Mrs. M. Blairmore; Serra, Mrs. A. Bellevue; Elliott, R. W. Hillcrest; White, Mrs. A. Bellevue; Warick, Mrs. D. Blairmore; Home Ec Gress, Mrs. H. Hillcrest; Ind. Arts Bosetti, Italo, Blairmore; P.T. Braithwaite, K. Bellevue; P.T. Sickoff, Frank, Bellevue; Princ.

Pre-school Children Headstart Program

A much needed program for pre-school children in the Crownsnest Pass will commence this October and run through until April. It will cater initially for the five and six year olds who will be starting school in 1969. Coleman, Blairmore and Bellevue will have a 2-hour class each morning from Monday to Friday inclusive, and it is hoped there will be sufficient enrolment for a 2-hour class in the afternoon. Hillcrest children will be welcome in Bellevue and if there are sufficient numbers, a transportation pool can likely be organized.

The full-time staff members are being trained by Belle Kovach, with each centre having a volunteer music and art teacher to come in twice a week.

Toys and Books Needed:

Donations of toys and books to help furnish each classroom would be greatly appreciated. Do you have any books or toys for 5 and 6 year olds that are not being used? Also a record player could be used to good advantage, if there is one someone could donate. Collection depots for toys and books are - Preventive Social Service Office, Bellevue; Recreational Directors Office, Blairmore; and Vet's Insurance Office, Coleman. If you cannot deliver your toys and books please call the Preventive Social Service Office at 564-4931 and we will arrange for pick-up.

The fee for each child will be \$10 per month. Creativity is to play a very large role with special attention being paid to each child and to do this each class will be restricted to 20 children.

Registration:

Registration for the classes will take place on September 6, 1968 between 2:00 and 4:00 p.m. in each of the Centres listed below.

Bellevue - Office of the Preventive Social Service, Municipal Building.

Blairmore - Office of the Recreation Director, Provincial Building (Upstairs above Courthouse).

Coleman - Lions Hall.

On the day of Registration, the full time members of the teaching staff will be on hand at the enrolment centres to talk with the parents. Parents are asked to bring birth certificates with them.

These classes will prove to be very beneficial to each child and

Price, Eric, Blairmore.

M. D. Meecham Elem. School:
Bellevue

Grade 1 Rae, Mrs. A. Blairmore; Grade 2 Bare, Mrs. B. Lundbreck, Haddas, Miss A. Blairmore; Grade 3 Suca, Miss H. Bellevue; Grade 4 McIntyre, Mrs. E. Bellevue, Grant, Mrs. B. Hillcrest; Grade 6 Demchuk, Mrs. L. Hillcrest, Dambois, Mrs. I. Bellevue, Suca, Miss M. Bellevue, Quintilio, Mr. J. Bellevue; Temp Slopek, Mrs. N. Blairmore.

Coleman Central School:
Coleman

Grade 1 Sudworth, Miss R. Coleman, (V.P.), Pitt, Mrs. C. Blairmore; Grade 2 Richards, Mrs. M. Coleman; Grade 3 Allen, Mrs. J. Coleman; Grade 4 Willoughby, Mrs. J. Bellevue; Grade 5 Coover, Mrs. I. Coleman; Grade 6 Tourond, Mrs. V. Hillcrest, Montalbetti, Mrs. G. Coleman; Special Education Class: Ede, Mrs. J. Coleman, Diskin, Mrs. V. Coleman.

Horace Allen High School:
Coleman

Jr. High Malanchuk, Mrs. E. Coleman, Atkinson, Mrs. M. Coleman; (1/2 time) Wright Mrs. C. Coleman, Erickson, Mr. E. Coleman, Roughhead, Mrs. A. Coleman, Bouthillier, Mrs. L. Coleman.

Sr. High: Baldwin, Mrs. M. Blairmore, Reiman, Jerome, Coleman, Sister Rita Chasson, Blairmore, Franz, Robert, Coleman, Kryczka, T. J. Coleman, Ondrus, Mrs. E. Coleman, Fortunaso, Mrs. A. Bellevue; Home Ec. Quinn, Mrs. M. Coleman; P.T. Capron, Frank Blairmore; Ind. Arts DeCocco, Don Blairmore; V.P. Ondrus, S. J. Coleman; Princ. Allen, Horace, Coleman.

Farewell Party Held For Mrs. M. Dean

The members of Minerva Chapter No. 41, O.E.S. met at the home of Mrs. G. Jenkins on the evening of August 28th to bid farewell to Mrs. Margaret Dean, one of their members, who is leaving Coleman to reside in Cranbrook, B.C.

A social evening was enjoyed with a delicious lunch being served by Mesdames Jenkins, Jones and McGregor.

Mrs. J. McGregor, on behalf of the Chapter, presented Mrs. Dean with a gift as a remembrance from Minerva Chapter and voiced her regrets at the loss of a willing active member and wished her every success and happiness in her new home. Mrs. Dean, in a few well chosen words, thanked all and said she enjoyed living in Coleman and would always cherish memories of Minerva Chapter.

United Church Announces New Sunday Schedule

St. Paul's United Church Sunday School will commence Sunday, September 8 at 11:15 a.m. (our new time).

Registration will take place for all ages and all departments. Then on Sunday, September 15, during the morning church service at 10 a.m., there will be a Promotion Service for all children.

The installation of Sunday School Teachers will also be conducted at this service. May we be able to rely on your support, by the attendance of your children in Sunday School, and how about you, mother and dad, attending church. Come and be made welcome! Please note: Church Worship is still at 10 o'clock.

Wood costs run from 36 to 45 per cent of the total cost of manufacturing pulp and paper in Canada.

It is hoped that all parents will give this new program every support. This Headstart program is a Preventive Social Service project. It is supervised by a Board of Directors composed of Tina Catino, Beverley Lovell, Joy Girardi and Berta Brazzoli.

For further information call the Preventive Social Service Office at 564-4931.

Accepts Delivery of Photograph Collection



One of the first responsibilities of the newly-appointed Provincial Archivist, Alan Ridge (right) was to accept delivery of the Ernest Brown Historical Collection from Film Commissioner K. Hutchison (left). The collection has been held for safekeeping by the Film Commissioner for a number of years, and will now become a permanent part of the Provincial Archives. Photographs from the collection will be displayed various times in the Archives Display area of the Provincial Museum & Archives, 12845-102nd avenue, Edmonton.

No Announcement On Highway Site

Department of Highways engineers met with Charles Drain, M.L.A. for Pincher Creek-Crows Nest to discuss the relocation of Highway No. 3 through the Crownsnest Pass. It was indicated at this meeting that while the route of the new road through the Pass has fairly well been defined, no official announcement on the relocation would be made until the location of the proposed new road had been cleared with the Old Man River Planning Commission, which could take up to six weeks.

Recreation Board Special Meeting

At a special meeting of the Crownsnest Pass Recreation Board on Thursday, August 8th, the first year's operation of the Board was outlined and discussed.

The purpose of the meeting was to meet with Miss Elsie McFarland, Director of the Recreation Branch, Department of Youth; Burns Evans, Research Supervisor, Department of Youth; Dr. Charles Hobart, Research Consultant, University of Alberta, Edmonton; and Max Gibb, Southern Alberta Recreation Consultant for the Department of Youth.

Dr. Hobart presented on introduction to the first stage of the survey analysis presently being compiled in Edmonton and outlined that the survey had pointed out areas of real concern.

One glaring point being that far too many non-responsive answers were received. This, he went on to say, indicated that far too long, too many people had been content with doing relatively little for their own recreation. He then pointed out that this was an area where the Board would have to carry out experimental projects with the objective of generating interest.

Mr. Evans then presented figures to verify this point. He also pointed out that according to the figures at hand over seventy-five per cent of the residents showed direct interest in a swimming pool. As far as the survey indicated, it was the most needed facility of the area.

Miss McFarland then questioned the Board on the first year's operation and general discussion followed on the Board's work and involvement throughout the Pass.

Following the discussion Miss McFarland expressed that she and her department were quite in the past with the progress that had taken place in the Pass and that continued concerted effort of the Board would surely pay off with more and better programs for the entire Pass.

Mr. Gibb then outlined in point form the work of the Board to date, and also commented on involvement of the Board in programs to date. He too commended the Board on their efforts. The Board expressed their appreciation

in having the opportunity to speak first hand with the Department of Youth and felt that another meeting may prove most beneficial once the survey was complete and in booklet form.

This was agreed upon and the meeting adjourned.

Announcement of the location of the highway will be welcomed by many firms, especially those serving the tourist trade who are withholding expansion or renovations until the new route is known.

Mr. and Mrs. J. Dean Honored August 25th

Mr. and Mrs. John Dean were honored in the club rooms of St. Paul's United Church recently when over 25 members of the congregation gathered at a farewell meeting.

Following a lunch served by the ladies, the couple were called upon by Mrs. Irene Coover, who on behalf of the congregation, presented a silver bowl set.

During their six years in Coleman the couple have been very active in church affairs. Mr. Dean was secretary of the Board of Stewards and served on the Building and Property committee as well as aiding with the Sunday School. Mrs. Dean was a member of the Board of Session, the UCW and assisted with Sunday School.

While in Crownsnest Pass Mr. Dean was employed by the Alberta Natural Gas Company and worked at the Crownsnest Compressor Station. He has now been transferred to Cranbrook.

Mr. and Mrs. Dean and four children will leave the area this month to take up residence in Cranbrook.

Junior Citizens of The Year Selected

Calgary Power Ltd. are proud to announce that the following were selected as 1968 Junior Citizens of the Year by a panel of judges which met on Saturday, August 17th.

Doyle Booth, Breton, Alberta; Cindy Fillingier, Water Glen, Alberta; Cosie Forsberg, Hinton, Alberta; Clark Frank, Sylvan Lake; Donna Maxwell, Elnora, Alberta; Gregory Reeves, Leduc, Alberta.

The 1968 Group Award was given to the Grade 8 A Class of the Didsbury Junior High School.

The 1968 Group Award was given to the Grade 8 A Class of the Didsbury Junior High School.

The balsam woolly aphid is a major forest pest in British Columbia and the Maritime provinces.

New Firm Opens In Coleman

Approval was given by town Council to Stu Haskell of Calgary to open a Plumbing and Heating business on the Coleman main street. The new firm is presently operating from Vet's Insurance and Real Estate until premises can be arranged on main street.

Council also approved an auto wrecking and display lot starting up near Crownsnest Lake on the south side of Highway No. 3. A letter requesting approval had been received recently from the Alberta Department of Industry and Development regarding the new business. Coleman Volunteer Fire

Provincial Grant Recreation Assistance Formula Released

Under the "Revision of Recreation Grants to Municipalities" effective April 1st, 1968, all recreation grants will be based on a per capita formula calculated on current figures supplied by the Department of Municipal Affairs.

Part two including "Grants for Capital Recreation Expenditure" under the revision is at present the only grant available to the Pass. Because of the special grant now being received from the Provincial Government to operate this program, this grant is available over the five year period of April 1st, 1968, to April 1st, 1973.

What does this mean to the Crownsnest Pass and how can best use be made of current monies available?

Basically speaking the municipalities combined throughout the Crownsnest Pass Recreation Board can raise approximately forty thousand dollars for capital expenditure. This money can be obtained from the Provincial Government by each of the participating municipalities of the Recreation Board and the grant is allotted as follows:

\$8.00 per capita for the first 1,000 of population, and
\$3.00 per capita for the next 20,000 of population, and
\$1.00 per capita for that portion of the population over 21,000.

This grant is available over a five year period and is payable to each municipality in one lump sum or in equal annual amounts.

The grant also states that consideration shall be given to those capital projects recommended to the municipalities by its recreation board as being in the best interests of the entire community on the basis of:

A. presentation of a plan of present and future facility development to meet the requirements of all recreation agencies in the community.
B. maximum use of existing facilities including schools and
C. consideration of the benefits accruing from the co-operative development of school-community facilities.

The Recreation Board has given serious consideration to all possible capital developments and to date has decided that one most needed Pass-wide facility is a swimming pool. This has been verified by the Department of Youth in their survey and study of the Pass. Their analysis indicates that over seventy-five per cent of those surveyed were in favour of a swimming pool. This was the indication of all age groups contacted by the survey.

The Swimming Pool Committee of the Recreation Board has begun putting the wheels in motion. They have compiled through the Director's office general information on swimming pools and is at present collecting data pertinent to pool operations. Work has begun.

The emphasis here must be placed on a Pass wide effort. All participating in one capital venture for the common good of all.

The horns of white-tail deer have a main stem with the points branching off to the side. Mule deer horns are evenly forked.

The balsam woolly aphid is a major forest pest in British Columbia and the Maritime provinces.

Brigade serves this area which is out of town limits and in the Improvement District.

Harold Coward, director of the Crownsnest Pass-Pincher Creek Preventive Social Service was present and explained in detail the function and operation of the unit.

Permission was granted to St. John's Ambulance Association to hold a canvass in Coleman on Saturday, September 28.

W. J. Francel, a Calgary engineering firm, were present and introduced themselves to council and made known the services they were prepared to render Coleman.

Pensioners and Senior Citizens Elect New President

The annual convention of the Provincial Pensioners and Senior Citizens was held recently in Fort Macleod.

There were approximately 150 persons in attendance as well as a full number of delegates. President Mrs. Nora Goulding of Coleman was in charge. Speakers for the day were Dr. L. E. Kind of Nanton and Mr. W. P. Bullock of Edmonton. Regrets of absence were expressed for Mr. Deane Gundlock who had been called back to Ottawa and Mr. A. A. Neddow, National Treasurer, to the U.S.A.

New officers elected for the coming year were: President, Mr. J. Graham, Pincher Creek; Vice-Presidents, Mrs. R. MacDonald, Fort Macleod; Mrs. Nora Goulding, Coleman; Mr. E. J. Hemple, Taber; Mr. Chris Peterson, Lethbridge. Secretary Treasurer, Mrs. H. L. Cunningham, Lethbridge. Mrs. H. L. Cunningham and Mr. E. J. Hemple were delegates elected to attend the National Convention.

A banquet for 130 was held at noon at which time the speakers were: Mrs. Marion Goddard, National Secretary; Mr. L. E. Buckwell, M.L.A.; and Rev. E. Doyle of Fort Macleod.

Corsages were presented to the head table ladies by Mrs. R. MacDonald, Fort Macleod president.

The trophy for obtaining the highest increase in membership was presented by Mr. Bullock to Mrs. A. Dilworth, who accepted on behalf of the Pincher Creek Branch.

A visitor from Winnipeg, Mrs. Burns, was welcomed to the convention and the New Branch, Chinook Pensioners and Senior Citizens. Mr. Chris Peterson, president, responded to the welcome.

Committees for the convention were: resolutions, Mrs. R. MacDonald, Fort Macleod; Mrs. A. Dilworth, Pincher Creek; and Mr. E. J. Hemple of Taber.

Branch reports were given by Mrs. L. Bouthillier, Mrs. A. Dilworth, Mrs. B. Waldern, Mrs. R. MacDonald and Miss Sadie Brown.

The convention will be held in Pincher Creek, Alberta, next year. Approved resolutions are as follows:

1. Resolved that owing to continued rise of rents, and the scarcity of accommodation, that we urgently request more low rental housing within the reach of the pensioners of fixed income.

2. Resolved that more nursing home beds be available to meet the growing shortage.

3. Resolved that we gratefully appreciate the guaranteed income to \$165 per month, who get all or part of the \$30 raise.

4. Resolved that we are pleased with the Alberta Medical Plan with respect to pensioners.

5. Resolved that we desire a ceiling on rental raises. Some have reached 300 per cent.

6. Resolved that we ask that the allowable income ceiling... raised to \$2,000 per couple \$2,000 per single person as \$220 present ceiling for a couple is entirely inadequate to live on, much less enjoy their declining years.

7. Resolved that old age pensioners be exempt from School tax.

Forest helps industry and agriculture by regulating stream flow for hydroelectric production and irrigation.

COLEMAN ELKS
CASH PRIZE

BINGO

IN THE

Elks' Hall, Coleman

ON

Fri., Sept. 6th

AT 8 p.m. SHARP

Admission - 12 Games - \$1.00

BONUS CARDS 25c

PRIZES

\$100.00 Jackpot in 53 Numbers
or less. Jackpot to increase by \$10.00, plus one No.
each Bingo until won.\$50.00 Cash Bingo to Go
2 Grocery Hampers - \$10.00 of Gasoline
4 Cash Prizes of \$12.00, and
3 Merchandise PrizesPROVINCE OF ALBERTA
LEGISLATIVE COMMITTEE

A Committee of the Legislature has been established to examine and review matters relating to:

- reports of Royal Commissions and other legislative bodies with respect to automobile insurance;
- current and long range safe highway design policies;
- Compulsory vehicle inspection programs;
- Driver education, particularly in our High Schools.
- penalties provided in Federal and Provincial law, particularly with respect to the use of alcohol and drugs while driving;
- the whole concept of driver licensing and driver control including a study of computerizing driver records in order that Alberta will have the best possible method of driver control;

and to report to the next Session of the Assembly.

Written Submissions are invited from interested persons and organizations. Ten copies of formal submissions must be submitted to the undersigned prior to September 30, 1968.

Gordon E. Taylor
Chairman
Legislative Study Committee
Highways Building
Edmonton, Alberta.

Advertising...



Modern advertising is a necessity to hold and build business. Be proud of your business, of the goods you have to sell, of the services you have to offer in your particular line. Show the progressive spirit and the desire to serve by advertising. Do not hide your light under a bushel — proclaim far and wide who you are and what you have to sell and where your place of business is, for public memory is short, and advertising is a powerful aid to all types of businesses. Moreover, people as a general rule shop where they are invited.

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THE COLEMAN JOURNAL

THE COLEMAN JOURNAL

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Highway Hazard

One of the greatest highway hazards is a stopped vehicle, W. E. Smillie, manager, commercial pyrotechnics for Canadian Industries Limited stated following an extensive survey of police and safety officials.

In today's fast-moving expressway and rural road traffic, a stopped auto is a dangerous fixed object. Even when the automobile is properly pulled off on a shoulder, the motorist should warn other drivers, and for this purpose police and police safety officials urge the use of flares, Mr. Smillie said.

A stopped vehicle on an expressway is considered very dangerous by police, but one of the worst situations, they point out, is when the motionless auto is on an overpass, or raised section. In such situations the stopped vehicle is directly in the path of following traffic since there is no shoulder on which to park.

Other situations which are considered particularly dangerous, occur when the stopped vehicle is just over the brow of a hill, around a bend in the road, or close to an intersection.

Police officials estimate that one out of every three accidents involves a stopped vehicle, Mr. Smillie pointed out.

Whether a motorist stops his car due to mechanical failure, because of accident, or merely to check a map, he or she, has created one of today's greatest highway hazards, he said.

Police officials recommend that in every instance where a vehicle is stopped on, or beside, a highway, flares should be used to warn following traffic. They suggest that the motorist leave the auto on the side away from the traffic, light a flare and walk back with it, approximately 100 paces along the highway. This action protects the motorist, and warns following traffic at the same time. A second flare should be placed three paces behind the stopped auto, and another 100 paces in front of it.

These precautions, police officials point out, should be followed during the day as well as at night. Police contacted in the survey included the Royal Canadian Mounted Police, provincial police, auto-route, metro and city police. All police automobiles, even detective cars, are equipped with flares, and they are mandatory for trucks.

Mr. Smillie said the 15 minute red flare with stand was recommended for motorists, and they are available from automobile supply houses and auto accessories sections of department stores.

Flares have an advantage over other warning devices because of their versatility. They operate as a self contained unit, independent of a power source and may be

placed wherever needed. They also light up the immediate area, and operate under any weather conditions. Finally, they signal a universal message — danger, Mr. Smillie pointed out.

If you must stop your automobile Mr. Smillie suggested motorists follow these recommended safety rules.

Signal first. On a thoroughfare or expressway with paved shoulder, pull off at traffic speed and slow down on the shoulder. On roads with unpaved or soft shoulders, signal a right turn, slow down and pull off carefully.

Be sure you get completely off the roadway, as far from the traffic lanes as possible. If the position is at all precarious, get passengers out of your car and to a safe spot, and set out the flares.

At night, keep your headlights on with beams lowered. Also switch on the dome light. Do not obscure tail lights while working on the car.

Coleman Elks Resume
Regular Bingo Nights

Coleman Elks will resume their regular bingo nights on Friday, September 6th, with the major prize being a \$100 cash jackpot for the first blackout in 53 numbers.

Other prizes will include a \$50 to go prize; two grocery hampers; \$10 gasoline; four \$12 cash prizes and three merchandise prizes.

Letters to the Editor

Dear Tom:

About my subscription. I know I must be in arrears, but don't know how much, so I am enclosing cheque for five dollars and if this is not sufficient, kindly let me know.

We are glad to get the Journal it keeps us informed on the going on in the Pass, even though the seventeen years since we left have brought a great change in the personnel. The youngsters of our time and strangers coming in, now make up the main part of the active population so to that extent we may say we are strangers.

Knowing something of the difficulty in keeping small community papers going we hope that conditions will enable you to keep the Journal going.

With kindest regards to yourself and Mrs. Holstead in which I am joined by Mrs. Mc.

Sincerely,
J. J. McIntyre.

To put a campfire out, soak it in water, stir the ashes, and soak it again.

Forest insects and disease destroy over one billion cubic feet of merchantable timber annually in Canada.

POPULAR TEAM



Barbara Bain (Cinnamon Carter) and Martin Landau (Rollin Hand) are two of a team of five international crime busters on CBC-TV's popular Mission Impossible seen every Wednesday evening (in color). They are in real life husband and wife and their team of heroes consists of two girls Susan Meredith 5, and Juliet Ross 3. Recently Martin won the Golden Globe award for the most popular male TV actor of 1967.

Cash and Turkey



COLEMAN LIONS

BINGO

IN THE

Coleman Elks' Hall

ON

Wed., Sept. 11th

At 8.00 p.m. sharp

Admission - 16 Games - \$1.00

Bonus Cards 25c

\$100 Jackpot in 75 Nos.

OR LESS

5 Prizes of \$12 and 5 Prizes of \$10
\$30.00 Bingo in 7 Numbers or Less

and

Five 20 lb. Thanksgiving Turkeys

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THE COLEMAN JOURNAL

Bellamy Trip To Eastern Canada

(by Mrs. Bellamy)

Our trip to Ontario was a very nice trip and we had a wonderful time there.

We went down to see John's

brother, Philip and his wife, Peggy. They live on a farm at Devlin, Ont. They have three boys, Richard, Lawrence and Bruce.

We went to a river called Rainy River. Fort Frances has a very nice park. Boys of Peggy and John went swimming in the Rainy River. We stayed at Philip's for

six days.

Richard, our nephew, John and I went to a small town about 70 miles east of Port Arthur, the name of this town is Red Rock. John's brother Sal lives there and works in a paper mill.

Sal has two children married and one boy, John Wayne, not yet

married. We had a nice time with them. Our niece, Debbie, took us to the town of Nipigon, a nice small town east of Red Rock. Debbie showed us some of the lakes around there.

We visited our nephew and niece, and had a French style dinner and supper. They had a chandelier hanging over the table which was an attractive addition to the dining area.

We enjoyed our visit with them, and their two children, Roland and Jacqueline. We stayed for about four days.

While we were there, Marie's husband, Grielis, took John in to see how the paper mill operates. John had not seen them for about 20 years. Sal and Philip were pleased that we made the visit.

On our trip back, we stopped in Saskatchewan to visit John's sister, Violet, and his brother-in-law. We stayed with them for one night and a day. We saw our niece, Edna, and her baby daughter, Barbara. We took several pictures of all of them.

We stopped in Calgary also. We saw the big tower in Calgary which sticks out like a sore thumb.

The best of all, was to get back home again. "There is no place like home."

Migratory Birds Regulations, 1968

Bag limits for ducks in the Prairie Provinces have been reduced, but limits are largely unchanged elsewhere, according to the 1968 Migratory Birds Regulations, released by the Canadian Wildlife Service, Department of Indian Affairs and Northern Development.

Daily bag limits on ducks in Manitoba, Saskatchewan and Alberta have been set at five, five and eight respectively. Limits last year were eight in all three provinces. In addition, opening of the hunting season for ducks and other species has been delayed about one week in Prairie Provinces.

Included within these limits is a mallard restriction of two per day in Manitoba, three per day in Saskatchewan and eastern Alberta, and four per day in western Alberta.

These reduced hunting opportunities reflect a shrinkage in pot-hole breeding areas to 60 per cent of last year's acreage because of dry autumn and spring and a mild winter which produced little runoff.

Elsewhere in Canada, bag limits and season lengths are largely the same as last year. A restriction on redhead ducks has been reinstated in Ontario and Manitoba. In those provinces, a hunter may take only two canvasback or redhead ducks a day, and may possess only four.

An abstract of the regulations will be mailed to each of the 385,000 hunters who purchased a Canada migratory game bird hunting permit last year. New hunters may obtain Regulations from their provincial game departments or offices of the Canadian Wildlife Service. Posters of the Regulations will be on display in post offices.

When hunting or transporting migratory game birds, each hunter must be in possession of a valid Canada Migratory game bird hunting permit in addition to any required provincial permit. These may be purchased at post offices for \$2.

Paper clothing was imported to Canada from Germany 30 years ago.

A LEGEND OF THE MOUNTAIN

(By Mildred Holstead)

(As told by Colonel Cox of Spring Point, Alberta)

At no other time of the year are the Canadian Rockies more beautiful or picturesque than at the present time, dressed in their winter colors and with snow-capped peaks—wrapped in a veil of mist. Do we residents of the Pass admire and study them enough? They have become a part of our every-day life, and no doubt we do not appreciate this wonderful scenery as we should. Do we sometimes gaze at the beautiful, stately Crows Nest Mountain and wonder what was the origin of its name?

This legend of Crows Nest Mountain was told to me by the Indians, and, as the Indians kept no date or records of time, as far as they know the events took place before 1870.

A war party of Kootenay Indians came to the Crow Indian country to hunt buffalo and steal horses from the Crow tribe. One of the young Kootenay braves took a fancy to a young Crow maiden, the daughter of a chieftain. He tried in vain to persuade her to leave her tribe and lover and go with his fellowmen.

One dark night the thud, thud of war drums was heard, and in the excitement the young Kootenay stole the maiden away and vanished. Her Crow lover persuaded two of his comrades to go with him in search of his lady-love and try to rescue her. They followed the tracks of the Kootenay tribe through the Prickly Pear Pass, down the Kootenay River, and there, by the side of a big lake, the Crows sighted the enemy camp.

Scouting around, and keeping under cover of trees and bushes, the Crow brave and comrades waited. At last, one evening, he saw the maiden accompanied by an old Kootenay squaw, come to the lake to dip water. The Crows crouched lower in the shrubs, and after the women went away, the

brave tore a piece of beadwork from his moccasins—a piece of the maiden's own handiwork—and left it on the shore.

The next evening the maiden came again to the lake. She spied the piece of torn moccasin, and, quickly recognizing it, knew that her Crow lover was in hiding near by.

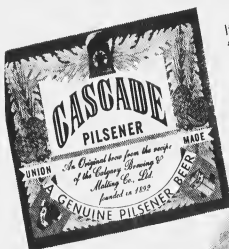
That night, when the moon rose over the mountain, and all the world was quiet, with campfires burning low at the Kootenay lodge, the young Crows fired the camp. The maiden met her lover at the lake shore, where he had two mounds hidden, and they made good their escape.

A couple of days' travel and the Crow brave and the maiden reached the foot of a very high mountain. The brave thought they could ascend the mountain and fire down on the enemy if necessary. So, leaving their horses, they climbed higher and higher, until they reached the top. The Kootenays had picked up their trail and followed them up the Elk River to Michel Creek. Day after day the war cries grew nearer, until at last the pursuers encircled the mountain. For two days the brave and the maiden nestled on the mountain top, praying to the Great Manitou to spare them from the enemy. But finally their supply of food and ammunition gave out.

They knew their doom—either to be taken alive and tortured, or to end their own lives. They made their choice. The brave took the maiden's hand, and, chanting the Death Song, they threw themselves over the precipice. Thus, to this day we have the "Crows Nest" mountain.

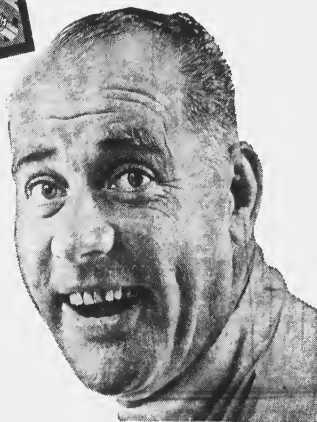
A Kootenay Indian, hearing the low hum of the breeze through the mountains will say, "Ugh! The Death Song of the Crow Lovers."

CASCADE...that's the Pilsener!



It's the brisk one...the bright one... the right one every time. This fine-brewed, flavor-aged beer combines old-time smoothness with modern brightness. So if you're asked "Which Pilsener?" there's really only one answer. CASCADE—that's the Pilsener!

CALGARY BREWING & MALTING CO., LIMITED



CUT OUT HERE

RESCUE BREATHING (MOUTH-TO-MOUTH)

THE CANADIAN RED CROSS SOCIETY

1

TURN VICTIM FACE UP. RAISE neck with one hand and TILT head fully back with the other hand.

2

OPEN victim's mouth. PULL lower jaw to just position. PINCH nostrils shut to prevent air leakage. MAINTAIN downward pressure on forehead.

3

PLACE mouth tightly around victim's mouth and BLOW IN. The victim's chest should rise.

4

REMOVE your mouth. RELEASE victim's nostrils. LISTEN for air to come out of victim's lungs. LOOK for the fall of the victim's chest. PINCH NOSTRILS AND BLOW IN AGAIN.

CUT OUT HERE

REPEAT steps 3 and 4 continuously. IF AIR PASSAGES ARE NOT OPEN: CHECK neck and head positions, CLEAR mouth and throat of foreign substances.

Start immediately. Don't give up. Send someone for a doctor.

For infants and children, cover entire mouth and nose with your mouth. Use small puffs of air about 20 times per minute.

Apply rescue breathing in case of DROWNING, CHOKING, ELECTRIC SHOCK, HEART ATTACK, SUFFOCATION and GAS POISONING.



H. Roland Sloan got a Commerce Red Convertible Loan and bought a blue fastback with buckets. What model do you want?

CANADIAN IMPERIAL BANK OF COMMERCE

TOWN OF COLEMAN
Coleman, Alberta

NOTICE OF COMPLETION OF Voter's List

NOTICE is hereby given under the provisions of the Municipal Elections Act, that the Voters' List of the Town of Coleman has been prepared and that a copy of the said Voters' List is posted in the following places:

TOWN OFFICE
TOWN BULLETIN BOARD
COLEMAN MINER'S UNION HALL

The posted lists are open to inspection during business hours. Any qualified elector may make application for the correction of any error or omission in the said Voters' List by appearing personally before the Secretary-Treasurer and by completing an application in the form of a declaration setting forth the qualifications of the person applying. Such application can be made during business hours any time to the 4th day of October, 1968.

Dated at Coleman, Alberta, this the 16th day of August, 1968.

C. F. SCHILE,
Secretary-Treasurer.

WE PRINT Wedding Invitations

Call in and see our Samples
Wedding Cake Boxes For Sale
The Coleman Journal

One Hour "Martinizing" Dry Cleaning
BACK-TO-SCHOOL SWEEPSTAKES

WIN
this
"SCHOOL
BUS"



Grand Prize—a brand new 1969 Chevrolet Bel Air 4 dr. station wagon (use it to bus the kids to school). 1200 other prizes! 4 Magnavox Color TV Stereo Theaters! 50 MGM Play-Tape portable tape players! 150 sets New Masters Pictorial Encyclopedia (in 16 volumes! Easy—nothing to buy! Just stop in at our store—get complete details and free entry blank. But hurry! Sweepstakes closes September 25, 1968.

ONE HOUR
"MARTINIZING"
THE MOST IN DRY CLEANING

Back To School SPECIALS

20% OFF

On All Clothes
Cleaned and Pressed

Blairmore Cleaning Centre

PHONE 562 2911, Blairmore, Alberta
or Mrs. Joe Trotz at 563-3693, Coleman

Notice to Hog Producers

IN THE MATTER OF REGISTRATION FOR VOTING PURPOSES IN CONNECTION WITH THE "ALBERTA HOG PRODUCERS' MARKETING PLAN, 1968"

Due to the delay caused by the postal strike, registration forms properly completed will be accepted by the Returning Officer up to 4:30 p.m. on September 9, 1968 at Room 506, Agriculture Building, 9718 - 107th Street, Edmonton, Alberta. Anyone not receiving a registration form in the mail may secure one from any District Agriculturist's office or write to the office of the Agricultural Products Marketing Council at the above address.

OWING TO LEGAL REQUIREMENTS, IT IS IMPORTANT THAT REGISTRATION FORMS BE COMPLETED ACCURATELY.

RETURNING OFFICER,
Agricultural Products
Marketing Council.

Special Announcement re Music Lessons

Music lessons will be resuming in September. Guitar and accordion rentals available. New students please fill in the coupon for further information.

PLEASE PRINT

NAME surname first name

TOWN HOME LOCATION (from
town or street address)

INSTRUMENT: guitar accordion
need rental: yes no

Mail coupon to:
ALBERTA ACCORDION ACADEMY
1448 - 19th Avenue, S.W.
CALGARY 3, Alberta.



M. M. WILLIAMS



F. T. GALE

A. W. Howard, President of Calgary Power Ltd., announces the Company's appointment of Marshall M. Williams as Executive Vice-President, and Frederick T. Gale as a Vice-President.



BRAIN TUMOR WARNINGS

The common belief that headache is a symptom of a brain tumor is only partially correct, according to The Canadian Medical Association. It is only one symptom, but not necessarily the first or the most important. Other symptoms often seen are: vomiting, mental change, weakness or seizures, and disturbance of vision.

When headache occurs it can be anywhere in the head, and is "throbbing" or "bursting" in character. It is generally most severe when it occurs on waking from a night's sleep, and tends to lessen as the day progresses. Typically, it is made worse by straining, coughing or stooping.

The other symptoms are equally important. The vomiting has no specific characteristics, although, like the headache, it tends to be worse in the mornings. Sometimes it occurs suddenly, without preceding nausea.

The mental symptoms may be slight. The initial signs of poor memory, a lessening in intellectual ability and social adaptation later become progressive apathy—a disregard of what's going on about him. This, in turn, may lead to stupor and even complete coma.

Other common symptoms are seizures or weakness in the arm or leg. If witnessed accurately, this can give a clue to the location of the tumor.

The CMA says, the speed with which these symptoms appear and get worse is often a guide to the seriousness of the tumor. Those producing rapid changes in symptoms tend to be malignant, whereas those producing slow changes tend to be benign.

HOW TO FIND A FAMILY DOCTOR

People moving from one community to another often experience difficulty in finding a family doctor in their new surroundings, especially if they didn't have one in their former home.

The Canadian Medical Association says that those who have a family doctor and are contemplating a move to another community should have no problem. All they need do is ask their doctor to refer them to a family physician in their new community. Ideally, the former doctor will write a letter of introduction and send along a summary of the family records to the new doctor.

People who did not have a family doctor in their former community will be on their own in the new community. As soon as they are settled they should set out to find a doctor. The nearest hospital will provide a list of family doctors on its staff, and this list can be screened by neighbors, fellow workers or others whose judgment you do trust.

Once a name is selected, an appointment with the doctor should be arranged at once, when the family is well. If his practice is not overcrowded, he will accept the new family and there will be no problem when illness strikes.

Unfortunately most people delay making these necessary arrangements until there is illness in the family. This often results in a frantic search which at best will result in finding only a doctor, not necessarily the doctor of choice.

The family doctor provides primary and continuing care of a comprehensive nature, using consultants and specialists as required to provide the best of medical care for his patients.

The CMA says no Canadian family should be without one.

TOMMY ON TOUR



Tommy Hunter tours Ontario, the Prairies and Western Canada this summer with members of his troupe, before returning to Toronto for the third season of The Tommy Hunter Show, to be seen on CBC television each Sunday, starting September 2, in color. Among the 22 stops on the tour are Kapuskasing, Kenora, Portage La Prairie, Prince Albert, Grande Prairie, Dawson Creek, Vernon, Penticton, Kelowna, Lethbridge, Moose Jaw, Swift Current and Weyburn.

It Pays to Advertise in
The Coleman Journal

Back To School SPECIALS

1 inch VINYL BINDERS Special 79c
Regular 98c

Ruled EXERCISE BOOKS, reg. 20c ea. Special 6 for 98c

Refills

200 Sheets, regular \$1.25 SPECIAL 99c

300 Sheets, regular \$1.80 SPECIAL \$1.29

400 Sheets, regular \$2.35 SPECIAL \$1.99

COLEMAN PHARMACY

W. L. BORROWS, Manager

Store Phone 563 3619 House Phone 563 3491



GOVERNMENT OF THE PROVINCE
OF ALBERTA
DEPARTMENT OF MUNICIPAL AFFAIRS

PUBLIC SALE OF LANDS

Notice is hereby given that under the provisions of The Tax Recovery Act, Chapter 334, R.S.A., 1955, the following lands will be offered for sale by public auction, to be held in the Court House at Blairmore, Alberta on Friday, the 20th day of September, at 2 o'clock in the afternoon.

IMPROVEMENT DISTRICT NO. 10

East Coleman Add			Hillcrest		
Lot	Block	Plan	Lots	Block	Plan
4	C	1878FA	6	15	5150S
			11	24	5150S
			1	45	5150S

East Coleman			Coleman		
Lot	Block	Plan	Lots	Block	Plan
4	18	3387AE	16 and 20	23	6808CU
			Pt. 6	24	6808CU
			(C. of T. 115-D-134)		

Each parcel will be offered for sale, subject to the approval of the Minister of Municipal Affairs and subject to a reserve bid and to the reservations and conditions contained in the existing Certificates of Titles.

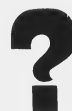
Reserving thereout all mines and minerals.

Terms and conditions of sale will be announced at the sale, or may be obtained from the undersigned.

Redemption may be effected by payment of all arrears of taxes and costs at any time prior to the sale.

Dated at Edmonton, Alberta, this 10th day of July, 1968

A. W. MORRISON,
Deputy Minister.



when the peddler selling printing supplies solicits your business, there are a few questions which he should be willing to answer to your satisfaction:

1. Does he pay taxes in this community?
2. Can he supply your order on short notice?
3. Does he donate space in the newspaper to your local community enterprises?
4. Does he pay wages to a force of employees located in Coleman?
5. Does his newspaper donate its space toward the betterment and upbuilding of this community?
6. Does he grant you every favor that you would ordinarily ask your local newspaper?
7. Does the quality of his merchandise stand inspection?
8. Does his price include sales tax, postage and insurance charges?

If he can answer ALL the above questions in the affirmative, he has an equal right to your business.

IF NOT - CONSULT

THE

Coleman Journal

Highway Work Generally Ahead

The Hon. Gordon E. Taylor, Alberta Minister of Highways, today issued the following press release:

Highway construction is generally ahead of the progress achieved at the same time last year.

In 1967, 19 per cent of the grading program "350 miles" had been completed at this time; this year 45 per cent of the grading program or 95.7 miles has been completed out of a total of 212.9 miles.

Last year, 23 per cent of the base

course program (289 miles) had been completed at this time; this year 30 per cent or 56 miles out of program of 187 miles has been completed.

Last year 35 per cent of the plant mix surfacing out of 312.48 miles had been completed; this year 25 per cent of the surfacing or 65 miles out of 265 miles has been completed.

Last year 31 per cent of the seal coating of a total program of 350 miles had been completed; this year 56 per cent of the seal coating program or 162.9 miles out of

a total of 289.6 miles has now been completed.

In comparing the progress this year with last year, it should be noted that the 10 million dollar reduction in the highway construction budget made it necessary to cut down the total mileage from that achieved last year.

With continued good weather, it appears that the Department of Highways will complete its program during 1968 and that it will run out of money long before it runs out of road that require attention.

The Homemaker



(Miss Patricia L. Peters, District Home Economist, Box 40, Claresholm, Alberta, Phone 235-3242. Cardston, Phone 653-3462. Pincher Creek, Phone 627-3130 or 627-4022.)

(Eileen Sullivan, D.H.E.)

The next time you're in the supermarket, take a few extra minutes and just browse around as I did the other day. You'll be surprised at all the new products that are rapidly appearing on the market these days. Here are just a few of the new fangled products now available and all are designed to provide the ultimate in convenience for the homemakers. Some of these you may already be acquainted with.

Tried making puff pastry lately. Forget all that rolling and folding. Pick up a package at the freezer section of your food store. All you do is cut, place on a cookie sheet and bake. Nothing to it and relatively inexpensive at that. It sells for about 29 cents a package.

Maybe you worried about egg spoilage or breakage on those camping or picnic outings. Relax... a package of freeze-dried powdered eggs may solve this problem for you. The package is equivalent in size and price to a dozen fresh eggs. This a product which has been popular in the North for a number of years and is now being used as a convenience in Southern Canada.

Like baked custard but hate the bother of making and baking. Easy! Look for no-bake egg custard at the dessert counter of your food store. Just add one egg yolk, milk, beat and set and that's all there is to it. This yields six servings for 35 cents which is not bad considering time and energy saved especially if you yourself or a member of your family is on a gastric diet.

Remember when Angel Food cakes were a rare and expensive delight for those special occasions. Then came the two-step angel food cake mix for only 60 cents or so, a big saving over the home-made variety and just as good. Now the two-steps have been cut to one to yield a light delicate cake that's more child's play to make. Still at the same regular price.

I'm sure you have all noticed how more and more food products are being frozen. Well would you believe frozen whipped topping. That's right! It comes packaged in a plastic tub and is stored in the freezer section of your fridge. It is made of emulsified vegetable oils and is packed under pressure so that a little goes a long way. All you do is just spoon it on your favorite dessert. It keeps indefinitely and sells for a few pennies more than the regular powdered toppings yet costs less than fresh cream. For those of you concerned about cholesterol levels it doesn't contain any per se but these vegetable oils have been hydrogenated or saturated by artificial means so that they may affect those people who are watching their intake of saturated fats.

Next time you're in your Grocery Store be on the lookout for these new and ever-increasing convenience foods.

It is against the law to throw lighted cigarettes from cars.

Properly Cooked Potatoes Provide Lots Of Vitamins

It's surprising the lack of information people have about so well known a vegetable as the potato. Some, for example, believe that potatoes are fattening. They needn't be. One medium potato supplies about 100 calories or about the same as a tablespoon of mayonnaise, or about a third as much as a piece of pie.

Others are completely unaware of the nutritional value of potatoes. And still others, a good many in fact, don't even know how to cook them properly.

There is a widespread tendency to cook them far too long a time in too much water and then throw the water away, thus losing much of the minerals and vitamins originally there. When that is done you get starch calories rather than the useful amounts of B and C vitamins that are present.

One should remember, too, say nutritionists in the New Brunswick Department of Agriculture, who are constantly looking for new and attractive ways of serving potatoes, cooking procedures that conserve food values also make a product taste better.

And while on the subject of potatoes, down East in New Brunswick where the potato is king, they like the following recipes a great deal.

Fish Cakes

- 1 cup salt codfish
- 2 cups potato cubes
- 1 egg, well beaten
- 1 tablespoon butter
- few grains pepper.

Wash codfish in cold water and tear or cut in small pieces. Freshen by soaking several hours in cold water. Combine fish, potato cubes and boiling water. Cook until potatoes are nearly done, about ten minutes. Drain and shake over heat to dry. Mash potatoes and codfish together, add egg, butter and pepper. Beat with a fork two minutes, form into cakes and brown on both sides in hot fat. Serve garnished with lemon slices.

Hot Potato Salad

- 6 medium potatoes
- 4 strips bacon, cut in 1/2" squares
- 1/4 cup chopped onion
- 1/4 cup vinegar
- 1/4 cup water
- 1/2 teaspoon sugar
- 1/4 teaspoon salt
- few grains pepper
- 1/8 teaspoon paprika
- 1/4 cup chopped sweet cucumber pickle
- 2 to 3 hard cooked eggs, chopped.

Boil potatoes with skins on. — Meanwhile fry bacon pieces until crisp then remove from pan. Sauté onion and celery in drippings until barely transparent. Add vinegar, water, sugar, salt, pepper and paprika and bring to a boil. Keep mixture hot but not boiling. Peel and dice potatoes into half inch cubes. Pour vinegar mixture over potatoes, add bacon and pickles, then combine. Sprinkle with egg and serve immediately. 6 servings.

Sunny days and clear, cold nights are the best combination for maple sap flow.

Dental Arts

Dental Laboratory

Suite 4, Metropolitan Bldg.
6th St. S. - LETHBRIDGE.
ArtDietrich, Mgr. 328 4095

PRESCRIPTION SERVICE

PHONE 563-3619

RESIDENCE 563-3491

Coleman Pharmacy

Pass Hotel

Blairmore, Alberta

(Sonny) Richards, Mgr.

Modern Coffee Shop

Rooms with Bath

Reasonable Rates

BUILDING CONTRACTORS

Builders' Headquarters

Celli's Building Supplies

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Engagement Announcement

Mr. and Mrs. John I. Edwards of South Edmonton are pleased to announce the engagement of their eldest daughter, Maureen Carol, to Mr. Colin Trevor Collier, youngest son of Mr. and Mrs. Trevor A. Collier of Peace River, formerly of Coleman and Camrose. Wedding to take place in St. James Catholic Church, Edmonton, at 4 p.m. September 7th.

Classified Ads

LAND FOR SALE
FOR SALE — E. 1/4 of section 17, TWP 9, Range 2, W of 5th. Good five roomed house, good useful outbuildings. Well, 5 Springs, 2 Cattle Sheds, Garage, Power, School Bus, Gravel Road. Phone available. Known as Pisco Place, 12 miles north and 2 miles west of Lundbreck. Apply to James Wyatt, High River. Ph. 652-7433.



Attend Church

ST. PAUL'S United Church

Morning Service—10 a.m.
Sunday School—10 a.m.
You are All Welcome.

ST. ALBAN'S CHURCH COLEMAN

10.00 a.m. Each Sunday.
You are All Welcome.

COLEMAN CHRISTIAN ASSEMBLY

Family Bible Hour — 11:00 a.m.
Lord's Supper — 12:30 p.m.
Evening Service — 7:00 p.m.
Holding Fast the Faithful Word — Titus 1:9.
Holding Forth the Word of Life — Philippians 2:16.

JEHOVAH'S WITNESSES

Coleman
Meetings at Kingdom Hall
Every Sunday at 10 a.m.
Every Friday at 7 p.m.

LUTHERAN SERVICES

Held in the Anglican Church
7:30 p.m. Each Sunday
Rev. Karl Keller
Phone 627-4278
Pincher Creek.

Coming Events

The C.W.L. will hold a Bazaar and Tea in the Catholic Hall on Saturday, October 19th, from 2:30 to 5:30 p.m.

St. Paul's United Church Women will hold a Pie Social, Home Made Candy and Bake Sale in the Church hall on October 26th from 2 to 4:30 p.m.

St. Paul's United Church Women will hold their annual Fall Bazaar with Bake Table, Fancy Work and Novelty Table in the Church hall on November 16th.

The Anglican Women's Church Christmas Bazaar will be held on Saturday, November 23rd, in the Elks Hall from 2:30 to 5 p.m. Tea 50c. Bake Table. Please donate.

STOP!

Coleman Esso Service GO!

Reliable Imperial Products and Service including a Licensed Mechanic.

Your Satisfaction is Our Business.

RAMBLER SERVICE CENTRE

PHONE 563-3828

OTTO KRUG, Prop.

Harder's SEPTIC TANK PUMPING

George Harder, Prop.

Phone 564-4625

Bellevue, Alberta

Attention Mothers!

THE CHINOOK HEALTH UNIT

Will hold a Well-Baby & Pre-School Clinic

ON	AT	IN	FROM
Sept. 3	FORT MACLEOD	Health Unit Office	1:30-3:30 p.m.
Sept. 4	PINCHER CREEK	Health Unit Office	10:30-11:30 a.m. & 1:30-3:30 p.m.
Sept. 5	CLARESHOLM	Elementary School	1:30-3:30 p.m.
Sept. 5	LUNDBRECK	Anglican Parish Hall	1:30-3:30 p.m.
Sept. 9	STAVELY	Elementary School	1:30-3:30 p.m.
Sept. 10	COLEMAN	Miners Hall	10:30-11:30 a.m. & 1:30-3:30 p.m.
Sept. 11	PINCHER CREEK	Health Unit Office	10:30-11:30 a.m. & 1:30-3:30 p.m.
Sept. 12	BLAIRMORE	Health Unit Office	10:30-11:30 a.m. & 1:30-3:30 p.m.
Sept. 13	HILLCREST	Credit Union Office	10:30-11:30 a.m.
Sept. 13	BELLEVUE	Town Hall	1:30-3:30 p.m.
Sept. 17	FORT MACLEOD	Health Unit Office	1:30-3:30 p.m.
Sept. 18	PINCHER CREEK	Health Unit Office	10:30-11:30 a.m. & 1:30-3:30 p.m.
Sept. 19	CLARESHOLM	Elementary School	1:30-3:30 p.m.
Sept. 27	GRANUM	Elementary School	1:30-3:30 p.m.

— FLUORIDE TABLETS AVAILABLE UPON REQUEST —

CASCADE

...that's the Pilsener!



People who like a great Pilsener beer find it pays to be specific. The name is CASCADE! It's the fine-brewed, flavor-aged beer that is naturally refreshing — brisk and smooth and easy. So if you're asked "Which Pilsener?" there's really only one answer. CASCADE — that's the Pilsener!

CALGARY BREWING & MALTING CO., LIMITED



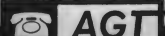
Before Digging Dial "O"

And ask for Zenith 07128

Dozens of good, solid, community-minded citizens dig fence post holes, trenches or ditches on their own property, and slice right through vital underground telephone cables.

SO PLEASE, BEFORE DIGGING, DIAL "Zero" and ask for Zenith 07128. An AGT representative will locate and mark important cable installations for you. This is a complimentary service — courtesy of your telephone company.

ALBERTA GOVERNMENT TELEPHONES



part of Trans-Canada Telephone System

Personalities IN THE NEWS

After spending two weeks visiting at the home of Miss Margaret and Mr. Hugh Dunlop, Mr. and Mrs. Isaac Dixon left to visit in Calgary for a week before going on to their home in Vancouver.

Mr. Hugh and Miss Margaret Dunlop have returned from a holiday spent at Claresholm, Calgary and Cremona.

Miss Laura Johnston and Mr. and Mrs. Frank R. Gemmill and family recently visited the latter's mother, Mrs. Kate Johnston.

Mr. and Mrs. D. Bouthillier were recent Edmonton visitors.

Mrs. M. Godfrey recently visited relatives at Vancouver, B.C.

Mr. and Mrs. J. Owen recently spent a holiday in the Okanagan Valley. They report an enjoyable trip, but the heat was intense.

Mr. and Mrs. S. Murdoch recently spent a holiday on the West Coast and visited various B.C. points.

Miss S. Jumarichuk visited at Pincher Creek at the home of Mr. and Mrs. C. Westley.

Mr. and Mrs. J. Turner from Calgary visited the latter's parents, Mr. and Mrs. J. Kilgannon.

Mr. and Mrs. J. Caddick and family from Calgary visited the latter's mother, Mrs. R. Holly.

Mr. and Mrs. Bruno Gentile recently returned from a holiday spent in Las Vegas and other U.S.A. points.

Mr. and Mrs. Horace Allen spent a holiday in various points in Eastern Canada.

Mr. and Mrs. Ivor Morgan of Vancouver, B.C. were recent guests of Mr. and Mrs. W. Borrows.

Mr. and Mrs. Z. Fulop and family visited at Vancouver and other B.C. points.

Mrs. W. Horesji and young son of Edmonton visited her parents, Mr. and Mrs. C. Coover.

Mr. and Mrs. T. Cocciolone were recent Calgary visitors.

Mr. and Mrs. Fred MacLeod and family recently spent a holiday at Vancouver and Victoria, B.C.

Friends are pleased to hear Mrs. J. Colwell is convalescing at her home after being a patient in the C.N.P. Hospital.

Mr. Duke Kwasney from Lethbridge was a business visitor in town helping his mother dispose of her dry goods business. Mrs. Kwasney has carried on this business by herself for many years and deserves much praise for her efforts to keep Coleman alive.

Mrs. Andrew Montalbetti of Penitence, B.C. visited her brother and sister-in-law, Mr. and Mrs. Bruno Gentile and her sister and brother-in-law, Mr. and Mrs. Aldo Montalbetti.

Mrs. Romeo Thibert recently visited her sister and brother-in-law, Mr. and Mrs. R. Mensaghi, at Fort Macleod.

Mr. and Mrs. J. Smith of Vancouver visited Mr. and Mrs. R. Pardy and Mr. and Mrs. T. Holstead last week.

Mrs. Ethel Kostelnik from Nanaimo, B.C. visited Mr. and Mrs. H. Nelson and Mrs. A. Sudworth.

Mr. and Mrs. G. Poulton and son recently spent a holiday at Penitence and Kelowna, B.C.

Mr. and Mrs. Chas. Makin from Calgary visited the former's aunt, Mrs. A. Sudworth.

Mr. and Mrs. Roy Moxin and son of Vancouver visited Mr. and Mrs. Allen Phillips.

Mrs. C. Rogers was a recent Calgary visitor.

Mrs. J. A. McDonald, accompanied by her daughters, Miss Penny McDonald of New Orleans and Mrs. Jerry Seaman of Edmonton, spent the month of August visiting with relatives at various points in Nova Scotia.

Mr. and Mrs. Robert Campbell recently spent a holiday in Vancouver. They were accompanied back by Mr. and Mrs. Robert Nedjely (nee Judy Campbell) whose marriage took place in Vancouver on August 2.

Mr. and Mrs. Andy Vrakovsky and son Steve, of Brandon, Man., returned from a holiday spent in Vancouver and Victoria, B.C.

Mr. and Mrs. A.A. Hereford were recent Edmonton visitors. Their daughter, Elaine, has returned to Edmonton where she is on the teaching staff of an Edmonton school.

Stuart Root and Melvin Kropinak have returned to Edmonton to resume studies at the University of Alberta, both boys are entering their first year of dentistry.

Mr. and Mrs. W. Thomas and family from Calgary visited the former's parents Mr. and Mrs. C. Coover.

Mrs. Terry Ryznar and two children, Mattie and Michael, of Vancouver and Miss Joan Mraz from Calgary are visiting their mother Mrs. S. Mraz.

Mrs. Lottie Boulton attended the wedding of Miss Reta Elizabeth Lambert to Mr. Jerome Leo Marsh at Calgary on August 24th in St. Mary's Church. The reception was at Elbow Lodge, Calgary.

Mrs. Ida Norton of Portland, Oregon visited at the homes of her sisters Mrs. P. Sullivan and Mr. and Mrs. A. Kubica.

Mr. M. Rigby has returned to his home in England after spending a wonderful holiday in Alberta and British Columbia visiting various points of interest. He was greatly impressed with the scenery of the Crows Nest Pass and hopes to make a return trip in the future. Mr. Rigby is a nephew of Mr. and Mrs. H. Pownall of Coleman.

Sister Mary Vincintia, R.S.M., niece of Mrs. Sullivan, accompanied by Sister Mary Gabriel, R.S.M., from the Mercordia Home of Chicago, Illinois, U.S.A. visited at the homes of Mrs. P. Sullivan and Mr. and Mrs. A. Kubica.

Mr. and Mrs. W. Holyk of Los Angeles, California, U.S.A. were in town last week the guests of the former's parents Mr. and Mrs. A. Holyk and his brother and sister in law Mr. and Mrs. J. Holyk. While here they attended the wedding of their niece, Judy, on Saturday, August 31st.

Mrs. H.E. Hewitt of Edmonton is visiting relatives and friends in town this week, she also attended the wedding of her niece Miss Judy Holyk, on Saturday, August 31st.

Mrs. Ida Hendry and sons, John and Phil, of Seattle, Wash., were recent guests of Mr. and Mrs. Graham Atkinson.

Mr. and Mrs. Don Hayden of Armstrong, B.C. were recent guests of the latter's sister, Mrs. E. Malanchuk.

Mrs. P. Sullivan had as her guests her son and daughter-in-law, Mr. and Mrs. Larry Sullivan from Victoria, B.C.

Mrs. Isobel Spievak and son, Greg, have returned from a holiday spent at the West Coast.

Victoria Rebekah Lodge will hold a

Whist Drive

in the I. O. O. F. Hall
Coleman, on

Sat., Sept. 28th
at 8 p. m.

Good Prizes. Lunch Served
Admission 50c
Everybody Welcome
Proceeds for Building Fund

Mr. and Mrs. W. Hurst and Mr. and Mrs. Bryan Hurst from Vancouver, B.C. visited relatives in town last week. They were house guests of Mrs. E. Hopkins.

Mr. and Mrs. J. Hanrahan of Lethbridge visited Mr. and Mrs. W. Badzioch, Mr. and Mrs. J. Kilgannon, Mr. and Mrs. T. Holstead and Mr. and Mrs. J. Trotz.

Miss V. Corzi, on the teaching staff of a Calgary school, visited her parents, Mr. and Mrs. F. Corzi, and her sister and brother-in-law, Mr. and Mrs. J. DePiero.

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THE BUSY LITTLE STORE ON THE CORNER THAT "DEALS ON THE SQUARE"

Specials in FOOD VALUES

Thurs., Fri. and Sat., Sept. 5, 6 and 7

SUGAR, B.C. 10 lbs. 99c	BUTTER ^{First Grade} Pound 69c	Nabob Coffee, Per Lb. 83c	Milk, Carnation 6 Tins \$1.09
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WHOLE CHICKEN Burn's 3 1/2 Tin - \$1.09	WIZ-WRAP 100 ft. 2 Boxes for 59c	MARGARINE So-Fresh 3 Pounds 85c
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Sun-Lite Liquid Soap 32 oz. - 87c	UNICO OIL Gals. \$2.59	Nabob Instant Coffee 10 oz. Jar - \$1.59
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WHITE MAGIC BLEACH Gallons - 69c 64 oz. - 39c	Cut Wax Beans, French Green Beans Cream Corn, Peas, 14 oz. Tins Mix or Match 'Em 5 Tins 95c
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MAZOLA OIL Quarts 93c	JAM, Empress, Strawberry New Pack, 4 lb. Tin \$1.19	FLOUR 25 lbs. \$1.98
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Carnation Instant Breakfast, regular 79c, NOW 65c

Carnation Instant Milk Powder, 8 lb. pkg. NOW \$3.49

Sun Country Deodorants from S. C. Johnson-NEW
3 Scents, ONLY 89c

PRESERVING GOODS are all on hand for your needs

OUR SCHOOL SUPPLIES are ON DISPLAY NOW

Come in and do your **Favorite Meating Place**
Buying at Your . . .

MAPLE LEAF PRODUCTS

LARD, 4 lbs. for - 69c	COTTAGE ROLLS Square Type, per lb. \$1.09
WIENERS, Visking, 2 lbs. 99c	PORK SAUSAGE, Jubilee, 2 lb. pkg. \$1.00
BALOGNA, Piece, lb. 39c	
BACON, Perfection, 1 Lb. 87c	

BANANAS, Golden Ripe, 7 Lbs. \$1.00

KOOKIES, 3 Packages for \$1.00

KRAFT DINNERS, 7 pkgs. for \$1.00

PEARS or PEACHES, 14 oz., 4 Tins \$1.00

Carnation Coffee Mate, 6 oz. Jar 49c

Cut-Rite Wax Paper, 100 ft., 2 Boxes 65c

Kleenex Facial Tissue, 3 for \$1.00 Ballett Toilet Tissue, 8 for 99c

COME IN TO-DAY FOR SOME OF OUR HOME MADE

Garlic Sausage, Salami, Capi Cola, Blood Sausage, etc., etc.

ANGELUS MARSHMALLOWS, White, 16 oz. pkg., 2 for 73c

KETCHUP HIENZ 11 oz. Bottles, 3 for 85c	CAMPBELL'S SOUPS CHICKEN and STARS - CHICKEN RICE CREAM OF MUSHROOM 5 Tins for \$1.00
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Roxy Theatre

Show Times—Monday to Friday, 1 show, 8.00 p.m.
Saturday at 2 p.m., 7 p.m. and 9 p.m.

COMING ATTRACTIONS

Thursday and Friday, September 5 and 6

"Who's Minding the Mint"

Jim Hutton - Dorothy Provine - FAMILY

Saturday and Monday, September 7 and 9

"Matchless"

FAMILY

Patrick O'Neal - Ira Frustenberg - Spy Picture
Matinee Sat., Sept. 7, at 2 p. m.

Thursday and Friday, September 12 and 13

"Stay Away Joe"

Elves Presley - Joan Brondell - FAMILY

Saturday and Monday, September 14 and 16

'Operation Kid Brother'

FAMILY

Nell Connery - Daniels Bianchi - Spy Picture
Matinee Sat., Sept. 14, at 2 p. m.

Tuesday and Wednesday, September 17 and 18

"Birds Bees & The Italian's"

Restricted Adult - All Admissions \$1.25